

PE	Spring 1 2019	Spring 2 2019	Summer 1 2019	Summer 2 2019	Autumn 1 2018	Autumn 2 2018
year 7	Pupils take part in circuit training to improve their health and fitness. Pupils keep a record of their scores in different exercises and are encouraged to increase their scores. 'Exercising safely and effectively' are focused on.	Pupils experience indoor cricket sessions. They practise catching and throwing and are taught the basic techniques for batting and bowling. Students participate in racket sports.	Year 7 pupils take part in sports such as athletics, cricket and rounders and also take part in activities such as Kurling / boccia and tri-golf. 'Exercising safely and effectively' during activities are focused on.	Year 7 pupils take part in sports such as athletics, cricket and rounders. Pupils complete a multistage fitness test to measure their fitness levels. 'Exercising safely and effectively' during activities are focused on.	Year 7 students experience Football and Basketball sessions and are taught the key skills in each activity. Students are encouraged to develop their coordination and control. Scoring, rules of games and tactics are introduced.	Year 7 students continue with Football and Basketball sessions, further developing their skills. Students are encouraged to develop their coordination and control. 'Exercising safely and effectively' is focused on during all activities.

year 8	<p>Students participate in Indoor Cricket and circuit training to improve their health and fitness. They keep a record of their scores and are encouraged to improve them. They also swim on a half-termly rota. Exercising 'safely and effectively' continues to be a focus.</p>	<p>Indoor Cricket, Circuit Training and Swimming (on a half-termly basis) - Students are encouraged to develop their coordination and control. Scoring, rules of games and tactics are introduced. Exercising safely and effectively during activities is a key focus.</p>	<p>Year 8 pupils experience a games approach where they take part in cricket and rounders sessions. They also practise their techniques for athletics. 'Exercising safely and effectively' during activities are focused on. Year 8 pupils also do swimming lessons on a half termly rota. 'Exercising safely and effectively' during activities continues to be a focus.</p>	<p>Year 8 pupils experience a games approach where they take part in cricket and rounders sessions. They also practise their techniques for athletics. 'Exercising safely and effectively' during activities are focused on. Year 8 pupils also do swimming lessons on a half termly rota. 'Exercising safely and effectively' during activities continues to be a focus. Pupils complete a multistage fitness test to measure their fitness levels.</p>	<p>Students experience a 'multi-skills' approach as they take part in Football and Basketball sessions and also Swimming lessons on a half termly rota. Students are encouraged to develop their coordination and control. Knowledge of scoring, rules of games and tactics are developed.</p>	<p>Students experience a 'multi-skills' approach as they take part in Football and Basketball sessions and also Swimming lessons on a half termly rota. Students are encouraged to develop their coordination and control. Knowledge of scoring, rules of games and tactics are developed.</p>
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year 9	<p>Indoor Cricket. Students take part in indoor cricket sessions to prepare themselves for the Entry Level exam at Key Stage 4. Batting, bowling and fielding techniques are developed as well as scoring and tactics. They also take part in circuit training to improve their health and fitness. Pupils begin to develop their ability to organise activities and officiate if appropriate.</p>	<p>Racket Sports , badminton , short tennis and table tennis. Students continue to prepare themselves for the Entry Level Exam in Key Stage 4 .They are encouraged to develop their tactics and skills and strategies to 'outwit an opponent'. They also continue to take part in circuit training sessions to improve their health and fitness.</p>	<p>Year 9 pupils take part in athletics, rounders and cricket rounders and also take part in activities such as Kurling / boccia and tri-golf. They continue to prepare themselves for the Entry Level exam in key stage 4. Pupils begin to develop their ability to organise activities and to officiate if appropriate.</p>	<p>Year 9 pupils take part in athletics, rounders and cricket rounders and also take part in activities such as Kurling / boccia and tri-golf. Pupils begin to develop their ability to organise activities and to officiate if appropriate. They continue to prepare themselves for the Entry Level exam in key stage 4. Pupils complete a multistage fitness test to measure their fitness levels and they continue to develop their ability to organise activities and to officiate if appropriate</p>	<p>Students experience Football and Basketball sessions and prepare themselves for the Entry Level Exam in Key Stage 4. They are encouraged to develop their tactics and skills in game situations and work on strategies to 'outwit an opponent'. Students also work on their ability to organise activities and to officiate if appropriate.</p>	<p>Students experience Football and Basketball sessions and prepare themselves for the Entry Level Exam in Key Stage 4. They are encouraged to develop their tactics and skills in game situations and work on strategies to 'outwit an opponent'. Students also work on their ability to organise competitions and to officiate if appropriate.</p>
3B	<p>Circuit training to improve their health and fitness. keep a record of scores in different exercises and</p>	<p>Pupils experience indoor cricket sessions. They practise catching and throwing and are taught the basic</p>	<p>Take part in sports such as athletics, cricket and rounders and also take part in activities such as Kurling / boccia and</p>	<p>Year 7 pupils take part in sports such as athletics, cricket and rounders. Pupils complete a multistage fitness test to measure</p>	<p>Football and Basketball sessions and are taught the key skills in each activity. Students are encouraged to develop their coordination and control. Scoring rules</p>	<p>Students continue with Football and Basketball sessions, further developing their skills. Students are encouraged to develop their coordination and control</p>

year 10	<p>Cricket - Students are working towards their Entry level qualification in PE. They select and apply skills, tactics, strategies and team skills for each activity. Students are taught the importance of planning in preparation for any activity. They also take part in circuit training and learn how to exercise safely and effectively.</p>	<p>Racket sports - Students are working towards their Entry level qualification in PE. They select and apply skills, tactics, strategies and team skills for each activity. Exercising safely and effectively continues to be a focus.</p>	<p>Pupils are working towards their Entry Level qualification in PE. They take part in and are assessed in cricket, rounders, tennis and athletics. They select and apply skills, tactics, strategies and team skills. Pupils are taught the importance of planning in preparation for any activity, this includes warm ups and equipment organisation and they are encouraged to appreciate the different roles in each activity.</p>	<p>Pupils are working towards their Entry Level qualification in PE. They take part in and are assessed in cricket, rounders and athletics. They select and apply skills, tactics and strategies for each activity. Pupils are taught the importance of planning in preparation for any activity, this includes warm ups and equipment organisation and they are encouraged to appreciate the different roles in each activity. Pupils complete a multistage fitness test to measure their fitness levels.</p>	<p>Football and Basketball - Students are working towards their Entry Level qualification in PE. They select and apply skills, tactics, strategies and team skills for each activity including warm ups and equipment organisation. Students are taught the importance of planning in preparation for any activity.</p>	<p>Football and Basketball - Students are working towards their Entry Level qualification in PE. They select and apply skills, tactics, strategies and team skills for each activity including warm ups and equipment organisation. Students are taught the importance of planning in preparation for any activity.</p>
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year 11	Students work towards their Entry Level in PE. They take part in orienteering, rounders and indoor cricket . Students are taught the importance of planning for any activity and are encouraged to appreciate the different roles in each activity.	Students are working towards their Entry level qualification in PE. They select and apply skills, tactics, strategies and team skills for each activity. Students are taught the importance of planning in preparation for any activity.	Pupils are working towards their Entry Level qualification in PE. They take part in and are assessed in cricket, rounders, tennis and athletics. They select and apply skills, tactics, strategies and team skills. They are encouraged to develop their tactics and skills in game situations and develop strategies to 'outwit an opponent'.	Pupils have completed their Entry Level qualification in PE. They take part in activities such as athletics, tennis and pool. The emphasis will be on enjoyment, tactics and understanding rules of sport	Football and Basketball - Students continue to work towards their Entry Level qualification in PE. They select and apply more complex skills, tactics and strategies for each activity and practise analysing theirs and others' performance.	Football and Basketball - Students continue to work towards their Entry Level qualification in PE. They select and apply more complex skills, tactics and strategies for each activity and practise analysing theirs and others' performance.
6A	Students study the OCN unit 'Working as part of a group' - Students identify forms and benefits	Students study the OCN unit 'Working as part of a group' - Students identify forms and benefits of	Students take parts in activities such as rounders, athletics and rounders and continue to take	Students take parts in activities such as rounders, athletics and rounders and continue to take part in an	Students study the OCN unit 'Working as part of a group' - Students identify forms and benefits of exercise, take part in an exercise	Students study the OCN unit 'Working as part of a group' - Students identify forms and benefits of exercise, take part in an exercise programme
6B	Students study the OCN unit 'Making choices related to practical activities'	Students study the OCN unit 'Making choices related to practical activities'	Students take parts in activities such as rounders, athletics and rounders and	Students take parts in activities such as rounders, athletics and rounders and continue	Students study the OCN unit 'Making choices related to practical activities' and also identify forms and benefits	Students study the OCN unit 'Making choices related to practical activities' and also identify forms and benefits of
6C	Students study the OCN unit '8. Looking and acting a part related to	Students study the OCN unit '8. Looking and acting a part related to practical	Students take parts in activities such as rounders, athletics and rounders and	Students take parts in activities such as rounders, athletics and rounders and continue	Students study the OCN unit '8. Looking and acting a part related to practical activities' and also identify	Students study the OCN unit '8. Looking and acting a part related to practical activities' and also identify forms and

6D	Students study the OCN unit 'Making choices related to practical activities' and also identify forms and benefits of exercise, take part in an exercise programme using the school gym.	Students study the OCN unit 'Making choices related to practical activities' and also identify forms and benefits of exercise, take part in an exercise programme using the school gym.	Students take parts in activities such as rounders, athletics and rounders and continue to take part in an exercise programme using the school gym	Students take parts in activities such as rounders, athletics and rounders and continue to take part in an exercise programme using the school gym	Students study the OCN unit '8. Looking and acting a part related to practical activities' and also identify forms and benefits of exercise, take part in an exercise programme using the school gym.	Students study the OCN unit '8. Looking and acting a part related to practical activities' and also identify forms and benefits of exercise, take part in an exercise programme using the school gym.
6E	Students study the OCN unit '8. Looking and acting a part related to practical activities' and also identify forms and benefits of exercise, take part in an exercise programme using the school gym.	Students study the OCN unit '8. Looking and acting a part related to practical activities' and also identify forms and benefits of exercise, take part in an exercise programme using the school gym.	Students take parts in activities such as rounders, athletics and rounders and continue to take part in an exercise programme using the school gym	Students take parts in activities such as rounders, athletics and rounders and continue to take part in an exercise programme using the school gym	Students study the OCN unit '8. Looking and acting a part related to practical activities' and also identify forms and benefits of exercise, take part in an exercise programme using the school gym.	Students study the OCN unit '8. Looking and acting a part related to practical activities' and also identify forms and benefits of exercise, take part in an exercise programme using the school gym.
6F	Students study the OCN unit '8. Looking and acting a part related to practical activities' and also identify forms and benefits of exercise, take part in an exercise programme using the school gym.	Students study the OCN unit '8. Looking and acting a part related to practical activities' and also identify forms and benefits of exercise, take part in an exercise programme using the school gym.	Students take parts in activities such as rounders, athletics and rounders and continue to take part in an exercise programme using the school gym	Students take parts in activities such as rounders, athletics and rounders and continue to take part in an exercise programme using the school gym	Students study the OCN unit '8. Looking and acting a part related to practical activities' and also identify forms and benefits of exercise, take part in an exercise programme using the school gym.	Students study the OCN unit '8. Looking and acting a part related to practical activities' and also identify forms and benefits of exercise, take part in an exercise programme using the school gym.

